**Hoop Hop Race Game**

**Objectives:**

* To work together as a team
* To get exercise
* To have fun

**Materials:**

* Hula hoops 8 of each color (Green, Yellow, Red, & Blue)
* Cone 1 of each color
* White board for scoring

**The Game:**

* Use 8 hoops of each team color (24).
* Hoops should be laid down on the gym floor to form a path at the center where they will meet.
* The students will line up behind the first hoop of their color.
* Upon the start of the game, the student teams will send a student hopping to a designated end of another team’s hoops.
* If a student makes it to the end, they receive 1 point
* If they meet a student from another team on the path, they shall do rock, paper, scissors to determine who continues on. The loser will go back to the start.

**Modifications or Round 2:**

* Upon a whistle, say the last 5 minutes or 2 minutes; The students that lose go sit down behind their team cone.
* Since we have only 3 teams and use only the 3 different colored hoops, for a modification the 4th set of hoops could be added to make a larger course.